THINKING ABOUT WORK? PRE-EMPLOYMENT TRANSITION SERVICES CAN HELP



DID YOU KNOW?

- Pre-ETS are free services, no matter your financial situation.
- A student may decide to apply for vocational services with NJ DVRS to receive more services than Pre-ETS provides.
- A parent or guardian, student or school can refer a student for Pre-ETS.

WHAT ARE THE 5 TOPICS PRE-ETS COVERS FOR STUDENTS?

1. **Job Exploration & Counseling:** Explore careers of interest and motivate the student to be interested in working
2. **Work-based Learning Experiences:** Gain knowledge and skills in a workplace that may help lead to a career
3. **Counseling on Educational & Training Options:** Learn about education and training options/resources after high school
4. **Workplace Readiness /training:** Prepare for adult life by developing social and independent living skills
5. **Self Advocacy Instruction:** Learn how to communicate wants and needs to direct their own lives

WHAT ARE PRE-EMPLOYMENT TRANSITION SERVICES (PRE-ETS)

Pre-Employment Transition Services (Pre-ETS) are five types of services that help students with disabilities get ready for work after school. If your child is between 14 and 21 years old, has an IEP or a 504 plan, and needs extra help getting ready for a job, they may be able to get these services.

These services are free and can be provided by the New Jersey Division of Vocational Rehabilitation Services (NJDVRS) or the New Jersey Commission for the Blind and Visually Impaired (NJCBVI), if your child has a vision problem. These services are meant to add to, not replace, what the school is already doing.

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HOW DOES PRE-ETS WORK?

Talk with your child's IEP team or school staff to see if they need any of the five Pre-ETS services, in addition to what the school already provides. If your child qualifies, someone will need to fill out a referral form and send it to NJDVRS. If your child has a visual impairment, ask their case manager to contact NJCBVI instead.

Once the referral is sent, the agency will collect the necessary forms from the school and connect your child with a Pre-ETS provider. Services can take place during school, after school, one-on-one, or in a group.

If your child needs additional support—such as job coaching, help paying for college, or transportation assistance for work— they will need to apply for Vocational Rehabilitation (VR) services using the NJDVRS referral form. Children with visual impairments should contact NJCBVI to apply.

EXAMPLES OF PRE-ETS

- Taking quizzes to learn what jobs your child might like
- Visiting different job sites to see what work is like
- Watching someone do their job (job shadowing)
- Trying out a job through paid or unpaid internships
- Learning how to manage money
- Building leadership and teamwork skills
- Helping others through volunteer work
- Learning about college, trade schools, and how to get financial help
- Practicing for job interviews
- Learning about their legal rights and responsibilities as a worker

Pre-ETS Referral Form

Scan the QR code

RESOURCE LINKS

- SPAN Parent Advocacy Network
- Family Guide to Transition Services in NJ
- SPAN Transition to Adulthood YouTube Playlist
- NJ Department of Education Transition Toolkit
- NJ Division of Vocational Rehabilitation
- NJ Commission for the Blind and Visually Impaired

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Looking for additional resources? Scan the QR code!