

Noteworthy

A Child and Family Update – February 2022



Keeping Track of Your Child's Development



Regular tracking of milestones and screenings help raise awareness of your child's development, making it easier to celebrate milestones and identify possible developmental concerns as early as possible. With early and regular screening, parents can make sure that their child gets the services and support they need to thrive.

[Click Here](#) for more information. Use NJ's Child Developmental Screening Passport (available in English & Spanish).

[Click Here](#) to track your child's screening history and results.

Taking Care of Yourself and Your Family

COVID-19 booster shots are now available for everyone 12 years and older. The Centers for Disease Control and Prevention (CDC) now also recommends booster shots at 5 months after receiving a second dose of the Pfizer-BioNTech COVID-19 vaccine for everyone 12 years and older. Another recommendation is for immunocompromised children from ages 5-11 to receive an additional, third dose of the Pfizer-BioNTech COVID-19 vaccine to complete the primary series. Please, contact your child's primary healthcare provider with questions or concerns. For up-to-date information about COVID-19 booster shots and vaccines.

[Click Here](#) for more information from the Centers for Disease Control & Prevention.

[Click Here](#) for the Boggs Center COVID-19 Vaccine Facts Series available in English and Spanish.



Building Resilience

The National Training and Technical Assistance Center's (NTTAC) New Community of Practice NTTAC is an initiative funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) to increase the access to, effectiveness of, and dissemination of evidence-based mental health services for young people (ages 0-21) and their families.

Professionals, teachers, and caregivers who support children transitioning from early childhood to elementary systems of support and/or who work with children with high or complex mental health needs can join the new Community of Practice! Connect to and learn from each other as well as from leading early childhood and mental health professionals from around the nation, create partnerships, and strengthen the continuum of care from early childhood settings to K-12 classrooms and beyond.

[Click Here](#) to Register for upcoming sessions.



Supporting Children Through Everyday Activities

A child's brain grows the fastest from birth through age 5! Helping them learn during the early years gets them ready for school, friends, and life. Vroom provides free, science-based tips and tools to help parents and caregivers give children a great start in life today—and an even better future. [Click Here](#).



Reading Corner

Children love reading with someone they love; it helps build language, healthy brains, and comforting routines. Share the joy of reading "Lola at the Library" to and with your loved ones! It's Tuesday – library day and Lola's favorite time of the week. Lola gives readers a tour of a mother and child's weekly outing in their neighborhood. This gentle story reminds parents just how much children enjoy the everyday interactions that are shared. It also shows how regular reading routines can create happy memories and will keep kids reading.

