

Family Leadership Checklist Activity

Resources:

Family Leadership Checklist handout
Pencils or pens

Approximate Time:

5 minutes

Purpose:

To better understand the role and responsibilities that you're considering with a group

Directions:

Distribute the Family Leadership Checklist to all participants.

1. Read the directions at the top of the page.
2. Give participants a few minutes to answer the questions.
3. Check in with participants.
4. Reinforce the final paragraph at the bottom of the page.

Modification:

This activity could be completed in an online or phone format without modification.

Before you take on a family leadership role, you may want to review this checklist to be sure you fully understand the scope of the role you're undertaking and the extent of its commitment.

Family Leadership Checklist Activity

Know what the role is:	Yes	No	Notes
Do I have a clear understanding of the role requirements?			
Are the anticipated outcomes the ones I wish to promote?			
Will I represent a broad group of families or just myself?			
If I represent a larger group, do I understand what is involved in communicating with my group?			
To whom will I be accountable?			
Understand the personal costs:			
How much of my time will this require?			
How are attendance supports for my participation provided, if any? (childcare, travel, etc.)			
Will this work, combined with other things in my life to maintain a healthy work/family life/outside interest balance?			
Do I have a strong person support system on which I can rely?			
Evaluate your expertise:			
Do I need to improve my communication skills, need training in public speaking, or on being part of a group?			
Do I need to learn more about the process and systems that serve children and families?			

It's important to consider these qualities, but unless the answers clearly reveal that this is not the right time to take on more responsibility, don't let anyone dissuade you. Skills can always be polished or learned by doing. You have your own individual gift and strengths to bring to this important work. In exchange for your leadership, you will find an opportunity for personal growth and the chance to make a difference in people's lives.

Shared by Parents Helping Parents, Boston, MA